

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2025

Seasons at Apple Valley Independent & Assisted Living Life Enrichment Calendar

| | | | | | | |
|---|---|--|--|---|---|---|
| | | | | <p>9:00 Virtual Mass (Ch 2) 1 10:00 Bingo (ALR) 1:00 Movie: Some Like it Hot (T) 2:00 Dakota County Library (L) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee 3:30 The Chosen Viewing (T) <small>May Day</small></p> | <p>9:00 Bible Study (AC) 2 10:15 Resident Council (CH) 11:30 Bean Bag Toss (FC) 11:30 Bus: Target/Goodwill 1:00 Bridge (C) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC) Last Day for Donations!</p> | <p>12:30 Wii Bowling (T) 3 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> |
| <p>4 2:30 Cookies & Coffee (C)</p> | <p>10:00 Bingo (ALR) 5 11:30 Bus: Lund's & Byerly's 1:00 Games (L) 1:00 Cards: 500 (C) 1:15 Wellness (FC) 2:00 Arts & Crafts: Clay Pot Animals (CA) 2:30 Cookies & Coffee (C) <small>Cinco de Mayo</small></p> | <p>9:30 Wellness (FC) 6 9:30 Therapy Dog Visit (Lobby) 1:00 Walking Club (FC) 1:15 Bible Study (AC) 1:30 Cards: Hand & Foot (L) 2:00 Trivia (T) 2:30 Cookies & Coffee (C)</p> | <p>9:30 Wellness (FC) 7 10:30 Risen Savior (CH) 11:30 Bus: Nordstrom Rack/Kohl's/Fresh Thyme 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:00 Wellness (FC) 2:30 Cookies & Coffee (C)</p> | <p>9:00 Virtual Mass (Ch 2) 8 10:00 Bingo (ALR) 1:00 Movie: Monster in Law (T) 1:30 Chair Yoga (FC) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C) 3:30 The Chosen Viewing (T)</p> | <p>9:00 Bible Study (AC) 9 9:30 Wellness (FC) 10:00-4:00 Resident Art Gallery (LC) 10:45 Pokeno (LC) 1:00 Bus: Aldi's/Hobby Lobby 1:00 Bridge (C) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> | <p>10:00-4:00 Resident Art Gallery (LC) 10 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> |
| <p>10:00-4:00 Resident Art Gallery (LC) 11 2:30 Cookies & Coffee (C) <small>Mother's Day National Skilled Nursing Care Week</small></p> | <p>10:00 Bingo (ALR) 12 11:30 Bus: Walmart 1:00 Games (L) 1:00 Cards: 500 (C) 1:15 Wellness (FC) 2:00 Arts & Crafts: Color by Number (CA) 2:30 Cookies & Coffee (C)</p> | <p>9:30 Wellness (FC) 13 10:30 Risen Savior Mass (CH) 1:00 Walking Club (FC) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:00 Gardening Club (Lobby)</p> | <p>9:30 Wellness (FC) 14 10:00 Grief Support Group (AC) 11:30 Bus: Cub/Goodwill 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:00 Wellness (FC) 2:30 Cookies & Coffee (C)</p> | <p>9:00 Virtual Mass (Ch 2) 15 10:00 Bingo (ALR) 1:00 Movie: How to Lose a Guy in Ten Days (T) 1:30 Activity Committee (LC) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C) 3:30 The Chosen Viewing (T)</p> | <p>9:00 Bible Study (AC) 16 9:30 Wellness (FC) 10:00 Dining Council (CH) 10:30 Bean Bag Toss (FC) 11:30 Bus: Little Six Casino 1:00 Bridge (C) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> | <p>10:00 Bus: Lakeville Area Garden Club Plant Sale 17 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C) <small>Armed Forces Day</small></p> |
| <p>18 2:30 Cookies & Coffee (C)</p> | <p>10:00 Bingo (ALR) 19 11:30 Bus: Target 1:00 Games (L) 1:00 Cards: 500 (C) 1:15 Wellness (FC) 2:00 Arts & Crafts: Diamond Art (CA) 2:30 Cookies & Coffee (C) <small>Victoria Day (Canada)</small></p> | <p>9:30 Wellness (FC) 20 9:30 Therapy Dog Visit (Lobby) 1:00 Walking Club (FC) 1:15 Bible Study (AC) 1:30 Cards: Hand & Foot (L) 2:00 Trivia (T) 2:30 Cookies & Coffee (C) 3:00 Gardening Club</p> | <p>9:30 Wellness (FC) 21 10:30 Risen Savior (CH) 11:30 Bus: Lund's & Byerly's 1:00 May Birthday Party (ALR)</p> | <p>9:00 Virtual Mass (Ch 2) 22 10:00 Bingo (ALR) 1:00 Movie: Mr. Smith Goes to Washington (T) 1:30 Chair Yoga (FC) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C) 3:30 The Chosen Viewing (T)</p> | <p>9:00 Bible Study (AC) 23 9:30 Wellness (FC) 10:45 Pokeno (LC) 11:30 Bus: Valley Diner 1:00 Bridge (C) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> | <p>12:30 Wii Bowling (T) 24 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> |
| <p>25 2:30 Cookies & Coffee (C)</p> | <p>1:00 Games (L) 26 1:00 Cards: 500 (C) 2:30 Cookies & Coffee (C) <small>Memorial Day</small></p> | <p>9:30 Wellness (FC) 27 10:30 Book Club (L) 1:00 Walking Club (FC) 1:30 Cards: Hand & Foot (L) 2:00 Trivia (T) 2:30 Cookies & Coffee (C) 3:00 Gardening Club (Lobby)</p> | <p>9:30 Wellness (FC) 28 10:30 Risen Savior (CH) 11:30 Bus: Olive Garden 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:00 Wellness (FC) 2:30 Cookies & Coffee (C)</p> | <p>9:00 Virtual Mass (Ch 2) 29 10:00 Bingo (ALR) 1:00 Movie: Up (T) 1:30 Tea Party (ALR) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C) 3:30 The Chosen Viewing (T)</p> | <p>9:00 Bible Study (AC) 30 9:30 Wellness (FC) 10:30 Bean Bag Toss (FC) 1:00 Bus: Walmart 1:00 Bridge (C) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> | <p>12:30 Wii Bowling (T) 31 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> |

If you have questions or suggestions for the calendar, please reach out to Life Enrichment Supervisor, Kimberly, at kimberlyhatlestad-mcculloch@ecumen.org

ROOM & FLOOR GUIDE:

AC: AMBER CLUB – 1ST FL
CA: CREATIVE ARTS – 2ND FL
L: LIBRARY – 3RD FL

ALR: AUTUMN LEAVES RESTAURANT – 1ST FL
FC: FITNESS CENTER – 1ST FL
LC: LEARNING CENTER – 3RD FL

C: CAFÉ – 1ST FL
LO: LOFT – 2ND FL
T: THEATER – 2ND FL

CH: CHAPEL – 4TH FL

Activity Guide:

Wellness: Physical movement time led by LE staff every Monday, Wednesday and Friday in the Fitness Center. A great way to get your body moving that isn't too strenuous. Staff are great about offering modifications to movements if you need them as well.

Therapy Dog Visits: Every other Tuesday, therapy dog Bohdi visits our community! Come down and visit with Bohdi on your way to your apartment after breakfast or stop down just to see him. Bohdi loves any and all forms of attention! You can find him and his owner, Tom, in the lobby.

Arts & Crafts: Each week LE staff will have a planned craft for residents to make. Crafts cover a variety of mediums. Past crafts have included painting, color-by-number, origami, sewing, and yarn crafts

Wii Bowling: Come get some frames in with a video game version of bowling! Easy to learn, and a great way to compete against friends and neighbors.

Cookies & Coffee: 6 days a week residents can get together, chat, meet their neighbors, and enjoy wonderful goodies from the kitchen!

Bean Bag Toss: Also known as "Bags" or "Cornhole." Play in teams of 2 and see who makes it to 100 points first! Held every other Friday in the Fitness Center.

Pokeno: An easy to learn game that is a mix between bingo and poker. Played every other Friday in the Learning Center.

Trivia: On the 1st, 3rd, and 5th Tuesday of the month at 2:00 in the Theater. New topics and questions each week!

Happy Hour: Every Friday at 3:30 in the Amber Club. Come end the week socializing with neighbors and friends, and have a snack prepared by the kitchen.

Activity Committee: This is a time each month for residents to gather in the Learning Center to voice ideas for the upcoming months' life enrichment calendars. ALL residents are welcome to attend.

Gardening Club: Anyone interested in caring for plants around the building is welcome to come to our gardening club meetings! Help keep the building looking fresh and inviting for all residents and guests!