

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				<b>1</b> AM Wellness Introducing October  PM Bingo Games in the Fitness Center		<b>2</b> AM Wellness History Inspires 10:30 Risen Savior  PM Arts & Crafts: Trinket Dishes Nails  <small>Rosh Hashanah Begins</small>		<b>3</b> AM Wellness History Inspires  PM Cribbage Musical Baseball		<b>4</b> AM Wellness History Inspires  PM Movie		<b>5</b> Cassidy is here!	
		<b>6</b> AM Wellness Nails Name that Tune  PM Movie Bingo		<b>7</b> AM Wellness Pet Therapy Visit 10:30 Risen Savior  PM Perfect 10 Game Games in the Fitness Center		<b>8</b> AM Wellness History Inspires  PM Arts & Crafts: Painting Nails		<b>9</b> AM Wellness History Inspires  PM Cribbage Bopping at the Ballgame		<b>10</b> AM Wellness History Inspires  PM Puzzles & Games Movie  <small>Yom Kippur Begins</small>		<b>11</b> Laura is here!	
<b>13</b> AM Wellness Nails Name that Tune  PM Movie Bingo  <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>		<b>14</b> AM Wellness October Trivia  PM Cribbage Bingo 5:30 Family Council - Chapel		<b>15</b> AM Wellness History Inspires 10:30 Risen Savior  PM 1:00 October Birthday Party  <small>Sukkot Begins</small>		<b>16</b> AM Wellness History Inspires  PM Nails Sing-along		<b>17</b> AM Wellness History Inspires  PM Ghostbuster Game Movie		<b>18</b> Jasmine is here!			
<b>20</b> AM Wellness 10:00 Paul's Garden Center Outing  PM Movie Bingo		<b>21</b> AM Wellness Pet Therapy Visit Believable or Batty Trivia  PM Cribbage Bingo		<b>22</b> AM Wellness History Inspires 10:30 Risen Savior  PM Nails Falling Leaves Suncatchers  <small>Simchat Torah Begins</small>		<b>23</b> AM Wellness History Inspires  PM Nails Sing-along		<b>24</b> AM Wellness History Inspires  PM Bopping at the Ball Game Movie		<b>25</b> Cheryl is here!			
<b>27</b> AM Wellness Nails Name that Tune  PM Clothespin Bats Bingo		<b>28</b> AM Wellness Halloween Costume Reminiscing  PM Cribbage Games in the Fitness Center		<b>29</b> AM Wellness History Inspires 10:30 Risen Savior  PM Nails Dot-to-Dot Yarn Art		<b>30</b> AM Wellness History Inspires  PM 1:30 Halloween Party  <small>Halloween</small>				<b>31</b>			

If you have questions or suggestions for the calendar, please reach out to Kimberly at [kimberlyhatlestad-mcculloch@ecumen.org](mailto:kimberlyhatlestad-mcculloch@ecumen.org)