

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ECUMEN*
Seasons at Apple Valley
September 2023
Life Enrichment Calendar

Activities subject to change due to unforeseen circumstances
 Contact Alison Kennedy of Life Enrichment with questions or concerns 952-891-9177 or alisonkennedy@ecumen.org

<p>3 State Fair Themed Lunch Menu ~ Thank you Dining Services!</p> <p>and</p> <p>HAPPY LABOR DAY</p>	<p>4 9:30 Wellness (FC) 10:15 Morning Reflection (L) 1:00 Walking Club (FC) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C)</p>	<p>5 9:30 Wellness (FC) 10:30 Risen Savior (CH) 10:30 Bus: Kohls/Michael's 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: L, Center, R (AC) 2:15 Wellness (FC) 2:30 Cookies & Coffee (C)</p>	<p>6 9:00 Virtual Mass (Channel 2) 10:00 Bingo (ALR) 10:15 Morning Reflection (L) 1:00 Movie: Witches (T) 1:15 Men's Group (LC) 2:00 Dakota County Library (L) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C)</p>	<p>7 10:15 Resident Council (CH) 1:00 Trivia (T) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p>	<p>8 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p>
<p>10 HAPPY GRANDPARENTS DAY</p>	<p>10 10:00 Bingo (ALR) 1:00 Games (L) 1:00 Cards: 500 (LO) 2:15 Wellness with Alison (FC) 2:30 Cookies & Coffee (C)</p>	<p>11 9:30 Wellness (FC) 10:15 Morning Reflection (L) 10:30 Risen Savior (CH) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C)</p>	<p>12 9:30 Wellness (FC) 10:30 Bus: Target/Cub 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: L, Center, R (AC) 2:15 Wellness (FC) 2:30 Cookies & Coffee (C)</p>	<p>13 9:00 Virtual Mass (Channel 2) 10:00 Bingo (ALR) 10:15 Morning Reflection (L) 1:00 Movie: Saturday Night Fever (T) 1:15 Bible Study (AC) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C)</p>	<p>14 10:00 Book Swap (L) 1:00 Trivia (T) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> <p>Rosh Hashanah</p>
<p>17 SPIRIT WEEK!</p> <p>Pajama or Loungewear Day</p>	<p>17 10:00 Bingo (ALR) 1:00 Games (L) 1:00 Cards: 500 (LO) 2:15 Wellness with Alison (FC) 2:30 Cookies & Coffee (C)</p>	<p>18 9:30 Wellness (FC) 10:15 Morning Reflection (L) 1:00 Walking Club (FC) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:00 Aegis (FC)</p> <p>Ugly Tie or Shirt Day</p>	<p>19 9:30 Wellness (FC) 10:30 Bus: Savers/JoAnn 10:30 Risen Savior (CH) 1:00 Sept Birthday Party Live Music Provided by Matt & Laurel (ALR)</p> <p>Dress Up Day!</p>	<p>20 9:00 Virtual Mass (Channel 2) 10:00 Bingo (ALR) 10:15 Morning Reflection (L) 1:00 Movie: Pick of the Litter (T) 1:15 Men's Group (LC) 2:00 Dakota County Library (L) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C)</p> <p>College Wear Day</p>	<p>21 10:30 Bean Bag Toss (FC) 1:30 Cards: Hand & Foot (L) 2:30 Meet & Greet our new residents at Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> <p>Plaid Day</p>
<p>24 Yom Kippur Begins</p>	<p>24 10:00 Bingo (ALR) 1:00 Games (L) 1:00 Cards: 500 (LO) 2:15 Wellness with Alison (FC) 2:30 Cookies & Coffee (C) Prepare items for donation pick up - place by double doors at south end of building near elevators</p>	<p>25 DAV Donation Pick Up 9:30 Wellness (FC) 10:15 Morning Reflection (AC) 10:30 Book Club (L) 1:00 Walking Club (FC) 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C)</p>	<p>26 9:30 Wellness (FC) 10:30 Risen Savior (CH) 10:45 Lunch Perkins 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: L, Center, R (AC) 2:15 Wellness (FC) 2:30 Cookies & Coffee (C)</p>	<p>27 9:00 Virtual Mass (Channel 2) 10:00 Bingo (ALR) 10:15 Morning Reflection (L) 12:30 Shepherd of the Valley (CH) 1:00 Movie: Saving Mr Banks(T) 1:15 Bible Study (AC) 2:00 Cards: Up the River (CA) 2:30 Cookies & Coffee (C)</p>	<p>28 1:30 Cards: Hand & Foot (L) 2:30 Cookies & Coffee (C) 3:30 Happy Hour (AC)</p> <p>29 Sukkot Begins</p>
<p>9 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p>	<p>16 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> <p>Oktoberfest Begins</p>	<p>23 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p> <p>Autumn Begins</p>	<p>30 12:30 Wii Bowling (T) 1:00 Cards: 500 (LO) 1:15 Wii Bowling (T) 2:30 Cookies & Coffee (C)</p>		

ROOM & FLOOR: AC: Amber Club 1st floor ALR: Autumn Leaves Restaurant-1st floor C: Café-1st Floor CA: Creative Arts-2nd floor CH: Chapel-4th floor
 FC: Fitness Center-1st floor LO: Loft-2nd floor L: Library-3rd floor LC: Learning Center-3rd floor T: Theater-2nd floor