


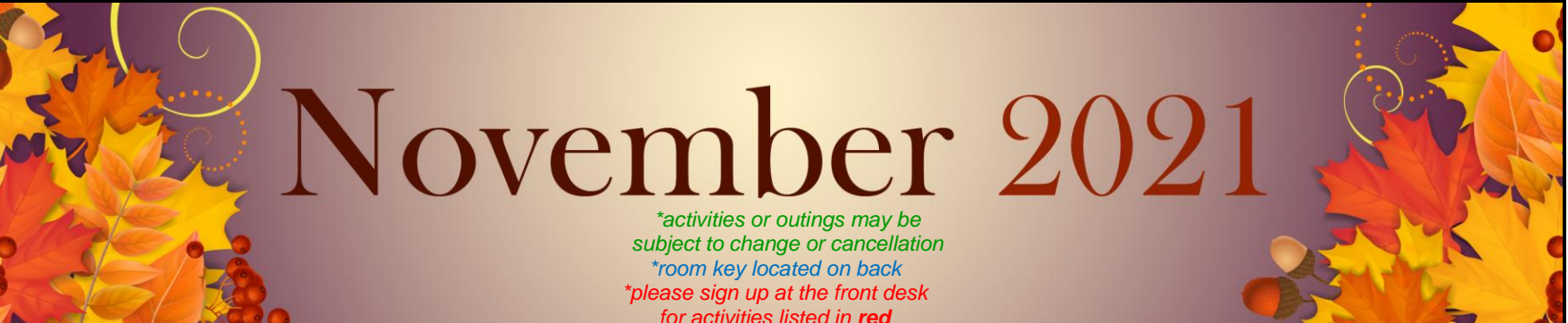


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Church Service Shepherd of the Valley (Channel 2) 10:00 Bingo (ALR) 1:00 Cards: "500" (LO) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 9:30-12:30 Round About Apple Valley 10:30 Men's Group (LC) 1:00 Movie: K9 (Channel 2) 1:00 Walking Club (FC) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:30-11:30 Scenic Drive 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: Left, Center, Right (AC) 2:15 Live 2 B Healthy (FC) 2:30 Cookie and Coffee Social (C) 3:00 Resident Council (CH)	9:00 Catholic Service with Mary Mother (Channel 2) 10:00 Bingo (ALR) 1:00 Movie: Live at Mister Kelly's (T) 2:00 Dakota County Library (L) 2:00 Cards: Up the River (LC) 2:30 Cookie and Coffee Social (C)	11:00 PBS Presents: Ali, Activism & The Modern Athlete (Channel 2) 1:00 Trivia (T) 1:30 Hand and Foot (L) 2:15 Live 2 B Healthy (FC) 2:30 Cookie and Coffee Social (C) 3:00 Social Hour (AC)	10:30 Timpson: The Musical (T) 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:30 Cookie and Coffee Social (C) 
10:00 Church Service with Berean Baptist (Channel 2)  Daylight Saving Time Ends	10:00 Bingo (ALR) 12:00-3:00 Round About Apple Valley 1:00 Cards: "500" (LO) 3:00 Tai Chi with Aegis (FC) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:00-2:00 Little Six Casino 10:15 Morning Reflection with Chaplain Sarah (L) 1:00 Movie: Joy Luck Club (Channel 2) 1:00 Walking Club (FC) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C)	DAV PICKUP 7:00 DAV Pickup (Lobby) 9:30 Morning Exercise (FC) 10:30 Communion Service with Church of the Risen Savior (CH) 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: Left, Center, Right (AC) 2:15 Live 2 B Healthy (FC) 2:30 Cookie and Coffee Social (C)	Happy Veterans Day! 9:00 Catholic Service with Mary Mother (Channel 2) 10:15 Morning Reflection with Chaplain Sarah (L) 1:00 Veterans Day Celebration (ALR) 2:00 Caregiver Support Group (L) 2:00 Cards: Up the River (LC) Veterans Day Remembrance Day (Canada)	10:30 Bean Bag Toss (FC) 1:00 Dining Room Council (CH) 1:00-3:00 Cub/Target 1:30 Hand and Foot (L) 2:15 Live 2 B Healthy (FC) 2:30 Cookie and Coffee Social (C) 3:00 Social Hour (AC)	World Kindness Day! Send a thinking of you card to a neighbor 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:30 Cookie and Coffee Social (C)
10:30 Church Service with Chaplain Sarah (CH)	America Recycles Day! Reduce, Reuse, Recycle 9:00 Church Service with Crossroads United Methodist (Channel 2) 10:00 Bingo (ALR) 10:15 Mindfulness Meditation (T) 1:00 Bowling (FC) 1:00 Cards: "500" (LO) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:15 Morning Reflection with Chaplain Sarah (L) 10:30 Men's Group (LC) 11:00 Lunch at Giuseppe's 1:00 Movie: Houseboat (Channel 2) 1:00 Walking Club (FC) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:00-12:00 Cub/Target 1:00 Monthly Birthday Party Featuring: The Roe Family Singers! (ALR) 2:15 Live 2 B Healthy (FC)	9:00 Catholic Service with Mary Mother (Channel 2) 10:00 Bingo (ALR) 10:15 Morning Reflection with Chaplain Sarah (L) 1:00 Movie: Scent of a Woman (T) 2:00 Grief Group w/Chaplain Sarah (AC) 2:00 Cards: Up the River (LC) 2:30 Cookie and Coffee Social (C)	11:00 Netflix Presents: The Big Flower Fight (Channel 2) 1:00 Trivia (T) 1:30 Hand and Foot (L) 2:15 Live 2 B Healthy Presents: Fall Prevention (FC) 2:30 Cookie and Coffee Social (C) 3:00 Social Hour (AC)	12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:30 Cookie and Coffee Social (C)
	9:00 Church Service with Prince of Peace (Channel 2) 10:00 Bingo (ALR) 1:00 Ecumen Hospice Presents: The Basics of Hospice/Common Misconceptions (LC) 1:00 Cards: "500" (LO) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 9:30-12:30 Round About Apple Valley 10:15 Morning Reflection with Chaplain Sarah (L) 1:00 Movie: Howard's End (Channel 2) 1:00 Walking Club (FC) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:30 Communion Service with Church of the Risen Savior (CH) 12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 1:30 Dice: Left, Center, Right (AC) 2:15 Live 2 B Healthy (FC) 2:30 Cookie and Coffee Social (C)	Happy Thanksgiving! Thanksgiving Day	10:30 Bean Bag Toss (FC) 1:00 PBS Presents: Surviving with Animals (Channel 2) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C) 3:00 Social Hour (AC)	12:30 Wii Bowling (T) 1:15 Wii Bowling (T) 2:30 Cookie and Coffee Social (C)
10:30 Church Service and Communion with Chaplain Sarah (CH) Hanukkah Begins	9:00 Church Service with Grace Lutheran (Channel 2) 10:00 Bingo (ALR) 1:00-3:00 Cub/Target 1:00 Cards: "500" (LO) 2:30 Cookie and Coffee Social (C)	9:30 Morning Exercise (FC) 10:15 Morning Reflection with Chaplain Sarah (L) 11:00 Lunch at Ze's Diner 11:00 Book Club (L) 1:00 Movie: Sister Act (Channel 2) 1:00 Walking Club (FC) 1:30 Hand and Foot (L) 2:30 Cookie and Coffee Social (C)	 <h1>November 2021</h1> <p><i>*activities or outings may be subject to change or cancellation</i> <i>*room key located on back</i> <i>*please sign up at the front desk for activities listed in red</i></p>			

If you have any concerns or suggestions, please contact Stephanie Baumann, Life Enrichment Supervisor at 952.891.9177 or stephaniebaumann@ecumen.org

ROOM KEY

Fitness Center: FC-1st floor

Café: C-1st floor

Amber Club: AC-1st floor

Autumn Leaves Restaurant: ALR-1st floor

Private Dining: PD-1st floor

Theater: T-2nd floor

Creative Arts: CA-2nd floor

Loft: LO-2nd floor

Learning Center: LC-3rd floor

Library: L-3rd floor

Chapel: CH-4th floor